

# *Eatopia Catering, Inc.*

*100% Vegan  
Organic & Kosher\**

*We Cater  
& Co-cater  
Weddings,  
Major Events,  
Special Occasions,  
Holiday Parties,  
Bar/Bat Mitzvahs,  
etc.*

*Most of our Items  
can be Prepared  
for Special Diets...*

*Gluten-Free,  
Low Fat,  
Low Sodium,  
Low Carb,  
Low Sugar, Raw,  
etc.*

*Menu*

*Over 30 Years of  
Catering  
Experience*

*[www.EatopiaCatering.com](http://www.EatopiaCatering.com)*

# *APPETIZERS*

*\$24 per 12 servings*

## *“Cheese” Puffs*

*American, Cajun, Italian or Mexican Style  
Golden and Crisp*

## *Crudités*

*Fresh Cut Veggies w/“Ranch”, Goddess or  
Sour Cream & Chive Dip*

## *Guacamole - Raw*

*Made Fresh - Served w/Tortilla Chips*

## *Antipasto*

*Artichokes, Pepperoncini, Olives,  
Sundried Tomatoes, Roasted Red Peppers,  
Red Onion, etc.*

## *Assorted Olives & Pickles*

*Various Black & Green Olives,  
Dill, Sweet & Sour Pickles*

## *“Cheese” Fondue*

*Served Hot  
w/Toasted Bread Cubes*



## *Nacho “Cheese” Dip*

*Served Hot w/Tortilla Chips*

## *“Chorizo” con “Queso” Dip*

*Mexican “Sausage” & “Cheese” Dip  
Served Hot w/Tortilla Chips*

## *Fruit Bowl*

*Mixed Fruit  
in Watermelon Basket (seasonal)*

## *Tater Tots*

*Cajun or Mexican or style*

## *Dolmas*

*Stuffed Grape Leaves*



## *Salsas*

*Choice of Picante, Pico de Gallo, Chipotle,  
Black Bean, Green Chile, Mango, etc.  
Served w/Tortilla Chips*

## *Spinach & Artichoke Dip*

*Creamy - Served w/Crackers*

## *Hummus*

*Plain, Red Pepper, Garlic,  
Olive, Spinach or Tomato  
Served w/Pita Bread*

## *Baba Ganoush*

*Eggplant Dip - Served w/Pita*

## *Ikra*

*Eggplant “Caviar” - Served w/Crackers*

## *Charoses - Raw*

*Apple Walnut, Raisin Date Walnut  
or Apple Mango - Served w/Matzo*

## *Gehakte “Leber”/Chopped “Liver”*

*Served w/Matzos, Celery or Crackers*

## *Bagels and Schmear*

*Plain, Pumpernickel, Onion, Poppyseed  
or Rye Bagels  
w/Garlic & Herb, Chive or  
plain “Cream Cheese” Schmear*

# *APPETIZERS*

*\$36 per 12 servings*

*Boursin "Cheese" Spread*  
w/Wine & Herbs

*"Cheese" Log, Ball or Mini Balls*  
Boursin or Cheddar w/Herbs and/or Garlic  
Covered with Almonds, Pecans or Walnuts

*"Ham" Pâté*  
2 ½ lb or 5 lb loaf - served w/Crackers

*Mini Samosas*  
Spicy Potatoes and Peas in Pastry

*Moussaka Dip*  
Multi-layered w/Eggplant & Mushrooms  
Served w/Pita

*"Pigs" in Blanket*  
Veggie Dogs wrapped in Crescent Rolls

*Pâté de "Foie Gras"*  
w/Truffle and Ruby Port  
on Endive Spears

*Spring Rolls*  
Thai or Vietnamese Style

*"Egg" Rolls*  
Traditional Chinese Style

*Deviled "Eggs"*  
Amazingly Like the Real Thing  
Traditional, w/"Bacon", or Mexican Style

*Portabella Mushroom "Caviar"*  
w/Wine & Truffles - Served w/Crackers

*Beluga "Caviar"*  
Like the Real Thing but Less Salty  
Served w/"Cream Cheese" & Crackers

*Stuffed Mushrooms*  
"Cheesy" or "Sausage" Style

*"Cheese" Plate*  
"Cheddar", "Mozzarella", "Nacho"  
and/or "Pepper Jack"

*Cold Cut Plate*  
"Salami", "Pepperoni", "Bologna", "Ham"  
and/or "Turkey"

*Cocktail "Meatballs"*  
in Chili/Black Currant Sauce  
or Marinara Wine Sauce

*Swedish "Meatballs"*  
in Mushroom "Cream" Sauce

*Finger Sandwiches*  
"Tuna", "Egg" or "Chicken" Salad,  
Cucumber Avocado, Tofu Veggie  
or Walnut "Cream Cheese"

*Barbecue "Ribslets"*  
Tofu, Tempeh, Seitan\*\*\* or Soy  
Chinese or Southern Style

*Mini Burritos*  
"Beef" and Bean, Black Bean and "Cheese",  
"Chicken", Veggie, Tofu Veggie or Mushroom

*Taquitos*  
Rolled Tacos - "Beef", "Chicken", Chorizo or  
"Cheese" & Jalapeño

*Quesadillas*  
w/"Chorizo", Mushrooms, Black Beans,  
Tomatoes and/or Rajas (roasted onions &  
peppers)

*Nachos Supreme*  
Tortilla Chips topped with Beans, "Cheese",  
Guacamole, Salsa, Sour "Cream" & Jalapeno

*Italian Pizza Dip*  
Multi-layered - Served w/Focaccia



## *Spanikopita Triangles*

*Spinach & "Feta" in Phyllo*



## *Tapenades*

*w/Focaccia*

*Black Olive, Black & Green Olive, Artichoke, Eggplant, Lentil, Sun-dried Tomato, Mushroom, Red Pepper or Olive & Caper*

## *Canapés/Crostini*

*Toasted Bread topped w/choice of Olive & "Cream Cheese", Antipasti, Spinach & Artichoke or Mushroom*

## *Sushi/Nori Rolls*

*Traditional or Raw - w/Cucumber, Avocado, Zucchini, Mushroom, Bell Pepper, Carrot, Daikon, Pickled Ginger and/or Asparagus*

## *Cheese Sticks*

*"Mozzarella" or "Cheddar"*

*Baked or Fried*

*Served w/Pizza Sauce or Picante*

## *"Chicken" Nuggets*

*w/Sweet & Sour, Barbecue and/or "Honey" Mustard Dip*

## *Buffalo "Chicken" Nuggets*

*Spicy, Served w/"Ranch" Dip*

## *Mexican Pizza Dip*

*Multi-layered - Served w/Tortilla Chips*



## *Bruschetta*

*Grilled Bread Slices topped w/Olive Oil, Tomato, Fresh Basil & "Mozzarella"*

## *Mini Quiches*

*Spinach and/or Mushroom and/or Artichoke, Broccoli & "Cheddar", Lorraine or Florentine*

## *Knishes*

*Traditional or Star of David Shape Potato, Broccoli "Cheese", Spinach "Cheese", Kasha, "Cheese" or Mushroom*

## *Smoked "Salmon"/"Lox" Spread*

*in Salmon Shape - Served w/Bagel Chips*



## *Gefilte "Fish"*

*w/Red Horseradish*

## *Smoked "Whitefish" Spread*

*in Fish Shape - Served w/Bagel Chips*

## *Fried Kreplach*

*Stuffed with "Beef"*

## *Latke Tots*

*Served w/Applesauce & Sour "Cream"*

## *"Gribenes"*

*without the cholesterol*

## *Fried Matzo Balls*

*w/"Ranch" or Sour "Cream" and Chive Dip*

## *Moroccan Cigars*

*w/"Lamb", Onions & Spices*

## *APPETIZERS*

*\$48 per 12 servings*

### *Raw "Cheese" Fondue*

*Cashew-based  
Served w/Raw Crackers*

### *Raw Nacho "Cheese" Dip*

*Cashew-based  
Served w/Raw Tortilla Chips*

### *Raw Spinach Dip*

*Creamy - Served w/Raw Crackers*

### *Raw Salsas*

*Choice of Picante, Pico de Gallo, Chipotle,  
Green Chile, Mango, etc.  
Served w/Raw Tortilla Chips*

### *Raw Crudité Platter*

*Fresh Cut Veggies  
w/Raw "Ranch", Raw Goddess or  
Raw Sour "Cream" & Chive Dip*

### *Assorted Raw Olives & Pickles*

*Raw Black Olives, Pickles & Sauerkraut*

### *Raw Dolmas*

*w/Pine Nuts, Sun-dried Tomatoes, etc.*

### *Raw Stuffed Mushrooms*

*w/Raw Seed "Parmesan"*

### *Raw Boursin "Cheese" Spread*

*w/Nuts & Herbs  
Served w/Raw Crackers*

### *Raw Cocktail "Meatballs"*

*w/Nuts & Mushrooms  
in Marinara Sauce*

### *Raw Nachos Supreme*

*Raw Tortilla Chips topped with seed "Cheese",  
Guacamole, Salsa, Sour "Cream" & Jalapeno*

### *Raw Tapenades*

*Black Olive, Artichoke, Sun-dried Tomato,  
Mushroom or Red Pepper  
Served w/Raw Crackers*

### *Raw Hummus*

*Made w/Cashews  
Plain, Red Pepper, Garlic,  
Olive, Spinach or Tomato  
Served w/Flax Crackers*

### *Raw Spring Rolls*

*Rolled w/Cucumber & Daikon  
Thai or Vietnamese Style  
Wrapped w/Choice of Rice Paper,  
Collard or Lettuce Leaves*



## *BRUNCH ITEMS*

*\$36 per 12 servings*

### *Muffins*

*Wheat, Spelt or Gluten-free  
Blueberry, Apple-Raisin, Chocolate,  
Cranberry,  
Maple Walnut or Pecan, Chocolate Chip, etc.*

### *Cereal and/or Granola*

*w/Soy Yogurt or Rice, Almond or Soy Milk*

### *Soy Yogurt*

*w/Fruit, Granola & Choice of Jams*

### *Biscuits & Gravy*

*Buttery & Flaky - Wheat or Spelt*

### *Soy Yogurt Parfaits*

*Layers of Yogurt, Granola & Fruit*

### *Hash Brown Potatoes*

*Southern Style*

### *Breakfast/Home Fries*

*Thick-cut*

### *Pecan Cinnamon Rolls*

*Wheat or Spelt*

### *Soy Breakfast Sausage*

*Sautéed Patties or Links*



### *Hot Oatmeal*

*w/Raisins (optional)  
Served w/Soy, Almond or Rice Milk*

### *Jelly Rolls*

*Wheat or Spelt  
Strawberry, Raspberry, PB & Jelly, etc.*

### *Nut Butters & Jams*

*on Bread and/or Toast - Wheat or Spelt*

### *English Muffins/Crumpets*

*Wheat or Spelt  
w/Jam and No Trans Fat Margarine*

### *Assorted Fruit Plate*

*w/Creamy Yogurt Dip - Raw Optional*



### *Danish*

*"Cheese",  
"Cherry Cheese" or Blueberry "Cheese"*

### *Babka/Coffee Cake*

*Streusel, Cinnamon Raisin, Apple Streusel,  
Jam Swirl, Cinnamon Cocoa, Pecan or Walnut*

### *Bagels and Schmear*

*Plain, Pumpernickel, Poppyseed, Onion,  
Cinnamon Raisin, Rye or Blueberry Bagels  
w/Chive, Garlic & Herb, Maple Pecan,  
Chocolate, Strawberry or  
plain "Cream Cheese" Schmear*

## *BRUNCH ITEMS*

*\$48 per 12 servings*

### *Scrambled Tofu*

*Plain or w/choice of "Cheddar", "Mozzarella", "Salami", "Pastrami", "Chorizo", "Bacon", "Ham", Bell Peppers, Mushrooms, Tomatoes and Onions*

### *Pancakes or Waffles*

*Wheat, Buckwheat, Spelt or Gluten-free w/Maple Syrup, Margarine, Strawberries or Blueberries and/or Apple Butter, etc.*

### *Quiche*

*Spinach and/or Mushroom and/or Artichoke, Broccoli & "Cheddar", Lorraine or Florentine*

### *Crêpes*

*"Ham" & "Cheese", "Egg" & "Bacon", Broccoli and "Cheddar", Spinach & Mushroom, Strawberry, Blueberries & "Cream", Bananas & Chocolate, etc.*

### *Omelettes*

*Southwest, "Bacon" & "Cheddar", "Pepperoni" & "Mozzarella", "Ham" & "Cheese", Spanish (potato & onion), etc.*

### *Raw Granola*

*w/Raw Seed Yogurt or Raw Almond Milk*

### *Raw Cinnamon Rolls*

*Made w/Nuts & Seeds  
Sweetened w/Agave*

### *"Tuna" Salad*

*w/"Mayo", Celery, Pickles, Onion...*

### *"Egg" Salad*

*w/"Mayo", Dijon, Onion, Dill...*

### *Raw Oatmeal*

*Served w/Raw Almond Milk*

### *Breakfast Burritos*

*Scrambled Tofu w/choice of "Chorizo", "Ham", "Cheese", Bell Peppers, Spinach, Mushrooms, Tomatoes and Onions*

### *Nutty Banana Wrap*

*Peanut or Almond Butter, Banana & Granola w/Strawberry or Raspberry Fruit Spread & Chocolate Chips (optional) or Chocolate Syrup*

### *Matzo Brie*

*Scrambled Tofu w/Matzo*

### *Cremslach*

*"Cheese" & Matzo Pancakes*

### *Blintzes*

*Gluten-free optional*

*Rolled Crêpes stuffed with*

*"Cheese", Blueberry Filling, Cherry Filling, Blueberries & "Cheese", Cherries & "Cheese", or Chocolate Chips & "Cheese" w/Chocolate Syrup*



### *Smoked "Whitefish"*

*in Fish Shape*

### *"Salmon/Lox"*

*in Salmon Shape*

*We can set-up Made-to-Order Omelette, Crêpe and Waffle stations*

## *LUNCH ITEMS*

*\$60 per 12 servings*

### *Grilled Veggie Sandwiches*

*Zucchini, Squash, Mushrooms, Bell Peppers,  
& Onions w/Pesto or Hummus*

### *Sandwiches*

*Choice of "Salami", "Pepperoni", "Bologna",  
"Ham", "Turkey", "Cheddar", "Mozzarella"  
and /or "Pepper Jack" w/Mustard, Ketchup,  
Relish and/or Sauerkraut on Wheat or Rye*

### *Tacos*

*"Beef", "Chicken", Veggie, Tofu, Tempeh,  
"Chorizo" or Mushroom*

### *Burritos*

*Beef and Bean, Black Bean and "Cheese",  
Veggie, Tofu Veggie, "Chicken" or Mushroom*

### *Pizzas - 12" each*

*Wheat, Spelt or Gluten-free Crust  
Soy, Rice or Tapioca "Cheese", "Pepperoni",  
Mushrooms, Roasted Veggies, Olives, "Ham",  
Peppers, Pineapple, Onions, Peppers, etc.*

### *Tamales*

*"Beef", "Chicken", Black Bean, "Cheese" or  
Veggie*

### *Burgers*

*Soy, Grain or Veggie  
on Whole Grain Buns  
w/choice of "Cheddar", "Mozzarella, Onions,  
Mushrooms, "Bacon", Avocado, Bell Peppers,  
Tomatoes, Lettuce, Pickles, Chili, Ketchup,  
Mayo, Barbecue Sauce and Mustard*

### *Sloppy Joe's*

*Traditional, Italian or Mexican Style*

### *Falafel - Gluten-Free Optional*

*w/choice of Hummus, Baba Ganoush,  
"Tsatsiki", Tomatoes, Onions, Lettuce and  
Tahini Sauce*



### *Wraps \**

*"Chicken" Parmesan - "Chicken", Spinach,  
"Parmesan", "Mozzarella" & Marinara*

*Cheddarito - "Cheddar", Brown Rice, Olives,  
Scallions, Bell Peppers & Salsa*

*Savory Barbecue - "Chicken", "Beef", Tofu  
or Tempeh in Tangy Barbecue Sauce  
w/Brown Rice & Scallions*

*Cool Caribbean - Carrots, Pineapple, Bell  
Peppers, Scallions & Papaya Barbecue Sauce*

*Cosmic California - Spinach, Tomato,  
Avocado, Scallions, Olives, Bell Peppers &  
Lemon-Tahini Dressing*

*Garden Italian - Spinach, Olives,  
Mushrooms, Bell Peppers, Scallions, Parmesan  
& Creamy Italian Dressing*

*Paradise Pizza - "Mozzarella", Spinach,  
Olives, Mushrooms, "Parmesan", "Pepperoni",  
and Pizza Sauce*

*Tantalizing Thai Delight - Cabbage,  
Carrots, Cucumber, Scallions, Peanuts &  
Peanut Sauce*

*Voluptuous Veggie - Carrots, Avocado,  
Tomato, Scallions, Cucumbers, Sunflower  
seeds & Creamy Dill Dressing*

*\* Tofu, Tempeh or "Chicken" Optional  
on all Wraps*

### *Hotdogs*

*Tofu, Beer Brats, Italian Sausage or Kosher Soy  
on Whole Grain Buns w/choice of Chili,  
"Cheese", Sauerkraut, Onions, Relish, Pickles,  
Tomatoes, Mustard and Ketchup.*

## *LUNCH ITEMS*

*\$72 per 12 servings*

### *Raw Wraps*

*Raw Tuna Salad, Veggie, Pesto, Hummus or Thai Delight  
Wrapped in Romaine, Collards or Nori*

### *Raw Burritos*

*Nut "Meat", Nut/Seed "Cheese", Veggies, Mushrooms, Avocado, Tomato in Lettuce*

### *Raw Tacos*

*Nut "Meat", Veggies, Mushrooms, Sun-Dried Tomatoes in Lettuce*

### *Raw Burgers*

*Nut/Seed/Veggie Patty  
w/choice of Nut/Seed "Cheese", Onions, Mushrooms, Avocado, Bell Peppers, Tomatoes, Lettuce, Ketchup, "Mayo" and Mustard*

### *Raw Falafel*

*w/choice of Hummus, Seed "Tsatsiki", Tomatoes, Onions, Lettuce and Tahini Sauce*



## *ENTRÉES*

*\$84 per 12 servings*

### *“Meatloaf”*

*Lentil, Tofu or “Beef”  
Traditional, Italian or Mexican Style*

### *“Alfredo”*

*Fettuccine in Creamy, Buttery, Cheesy Sauce  
Plain or w/Sundried Tomato, Broccoli,  
Asparagus, Mushroom and/or “Chicken”  
w/Wheat or Rice Pasta*

### *Lemon Baked Tofu*

*w/Rosemary*

### *Black Bean Tamale Pie*

*Savory Black Beans in Cheesy Corn Crust*

### *“Sausage” w/ Peppers and Onions*

*Italian Style*

### *Shepherd’s Pie*

*Savory Lentils, Mushroom & Veggies  
Topped w/Herbed Garlic Potatoes*

### *Acorn Squash Ragoût*

*Served in Squash Halves*

### *Chana Masala*

*Chickpea and Tomatoes - mild, medium or spicy*

### *Alu Chole*

*Chickpeas and Potatoes - mild, medium or spicy*

### *Spaghetti*

*w/“Bolognese” or “Meatballs”  
and Wheat or Rice Noodles*

### *Shish Kabob*

*Marinated and Grilled*

*Choice of Any Combination:*

*Onion, Mushroom, Zucchini,  
Yellow Squash, Bell Peppers, Eggplant,  
Cherry Tomatoes and/or Pineapple  
Plain or w/Tofu, Seitan\*\*\*, “Chicken” or  
“Beef”*

### *Tzimmes*

*Choice of any combination:*

*Carrot, Potato, Prune, Apple, Squash,  
Apricot and/or Sweet Potato  
Plain or w/Tofu, Seitan\*\*\*, “Chicken” or  
“Beef”*



## *ENTRÉES*

*\$96 per 12 servings*

### *"Beef" Stroganoff*

*Sauteed "Beef" & Mushrooms in Sour Cream Sauce over Pasta (Wheat or Rice)*

### *"Beef" Bourguignon \*\**

*"Beef" Simmered w/Red Wine, Garlic, Onion, Carrots & Herbs*

### *Whole Smoked "Ham"*

*Seitan\*\*\*, 2 ½ or 5 pounds each*

### *Cornish Game "Hens"*

*Seitan\*\*\*, w/Apricot Port Wine Sauce or Herb Glaze*

### *Whole "Turkey"*

*Seitan\*\*\*, 3 pounds each  
w/Wild Rice Stuffing and Mushroom Gravy*

### *"Chicken" Parmesan \*\**

*Breaded & Smothered in Marinara,  
Topped with "Mozzarella" & "Parmesan"*

### *Herbed "Chicken" \*\**

*Sauteed in Olive Oil  
w/Sage, Thyme, Marjoram, etc.*

### *"Chicken" Pot Pie \*\**

*American or French Style w/Mushrooms,  
Peas and Herbs*

### *Cashew "Chicken" \*\**

*w/Mushrooms, Snap Peas & Bamboo Shoots*

### *Almond "Chicken" \*\**

*w/Mushrooms, Bamboo Shoots &  
Water Chestnuts*

### *"Chicken" Picatta \*\**

*w/Lemon, Capers and Wine*

### *"Chicken" Francaise \*\**

*w/"Parmesan", Lemon, Garlic & Parsley*

### *Blackened "Chicken" \*\**

*Cajun Style*

### *"Chicken" Cacciatore \*\**

*w/Wine, Capers & Tomatoes  
over Wheat or Rice Pasta*

### *"Chicken" Marsala \*\**

*w/Mushrooms, "Parmesan" & Marsala Wine*

### *"Coq" au Vin*

*"Chicken" \*\* w/Pearl Onions, Mushrooms,  
Herbs & Wine*

### *"Beef" with Broccoli \*\**

*Chinese Style*

### *Cannelloni / Manicotti*

*Florentine or "Ricotta" stuffed*

### *Moussaka*

*"Beef" \*\* and Potato, Eggplant and Mushroom  
or Mushroom and "Lamb" \*\**



### *Lasagna - Three Cheese*

*w/"Beef", Italian Sausage, Spinach or Broccoli  
w/Wheat or Rice Pasta  
or Pastaless w/Eggplant &/or Zucchini*

### *Quiche*

*Spinach and/or Mushroom and/or Artichoke,  
Broccoli & "Cheddar", Lorraine or Florentine,*

## Ravioli

Roasted Veggie, Spinach or Tofu

## Stuffed Bell Peppers

w/Lentil or "Beef" \*\*

## Rollatini

Rolled Eggplant Slices stuffed w/"Ricotta"

## "Chicken" Tikka Masala \*\*

w/Tomatoes in "Cream"

## Pasta with "Pesto"

Angel Hair Pasta w/Pine Nuts & "Parmesan"  
w/Wheat or Rice Pasta

## "Beef" Rendang \*\*

"Beef" Stew in Coconut Sauce

## Enchiladas

"Beef", "Chicken" \*\*, Bean & "Cheese",  
Veggie or Tofu Veggie

## Fajitas

Choice of Tofu, Tempeh, "Chicken",  
Mushrooms, Onions, Peppers, Guacamole  
and "Sour Cream"



## "Beef" Wellington \*\*

"Beef" & Mushrooms in Flaky Pastry

## Jambalaya

"Chicken" \*\* and/or "Sausage"

## Osso Bucco \*\*

"Veal" Braised w/Vegetables, Wine & Herbs

## Thai Coconut "Chicken" \*\*

W/Water Chestnuts, Red Bells & Scallions

## Barbecue Chunks or "Ribs"

"Beef", "Chicken" or "Pork" \*\*

Chinese or Southern Style

## "Chicken" Satay \*\*

"Chicken" on Skewers w/Peanut Sauce

## Tempeh Sweet & Sour

With Pineapple and Peppers

## "Salmon" Cakes / Croquettes

w/Remoulade Sauce

## Roast "Chicken" Kosher Style

Pieces, Sliced or Whole (Seitan\*\*\* 3 lbs. each)  
w/Carrots, Onions & Celery

## Tofu, Tempeh or "Beef" Schnitzel

w/Mushroom Sauce

## Savory Pierogi

"Beef" & Mushroom stuffed Dumplings  
w/Mushroom Onion Gravy

## Stuffed Cabbage

w/Lentils or "Beef" & Rice, Barley or Matzo

## Brisket "Roast"

Organic, Non-GMO Soy or Seitan\*\*\*

w/Carrots, Celery, Potatoes, Onions & Gravy

## Savory Blintzes

Rolled Crêpes stuffed with "Ricotta",  
Mushroom and/or Spinach & "Cheese",  
"Chicken" & Vegetables or "Beef" & Mushroom

## Moroccan "Chicken"

w/Chickpeas in Spicy Tomato Sauce

\*\* Can also be made with Tofu, Tempeh or Seitan

\*\*\*Seitan can be made from wheat or spelt. Spelt seitan items are \$3 more per serving due to additional ingredient costs and labor.

## *ENTRÉES*

*\$108 per 12 servings*

### *Raw Pizzas - 12" each*

*Nut/Seed Crust*

*Nut/Seed "Cheese", Mushrooms, Veggies,  
Black Olives, Onions, Peppers, etc*

### *Raw "Turkey"*

*Made with nuts, seeds and fresh herbs*

*w/Raw Wild Rice Stuffing  
& Mushroom Gravy*

### *Raw Pasta Marinara*

*w/Zucchini Pasta*

### *Raw "Meatloaf"*

*Made w/Nuts, Seeds & Veggies*

*Traditional, Italian or Mexican Style*

### *Raw Alfredo*

*w/Zucchini Pasta*

### *Raw Pesto Pasta*

*Pistachio or Pine Nut Pesto w/Zucchini pasta*

### *Raw Spaghetti*

*w/Marinara or Nut/Seed Bolognese*

*w/Zucchini Noodles*

### *Raw Stuffed Tomatoes*

*w/Nuts, Seeds, Mushrooms, Olives, Herbs*

### *Raw Savory Nut Roast*

*Cashews, Carrots, Celery, etc.*

### *Raw Spaghetti*

*w/"Bolognese" or Nut/Seed "Meatballs"  
and Zucchini Noodles*

### *Raw Lasagna*

*w/Nut/Seed "Meat", Nut/Seed "Cheese"  
Spinach or Broccoli  
w/Zucchini & Eggplant Pasta*

### *Raw Ravioli*

*w/Nut/Seed "Meat", Tomato & Spinach  
in Daikon "Pasta"*

### *Raw Stuffed Bell Peppers*

*w/Nuts, Seeds & Veggies*

### *Raw Rollatini*

*Rolled Eggplant Slices  
stuffed w/Cashew "Ricotta"*

### *Raw Enchiladas*

*Nut "Meat", Nut/Seed "Cheese",  
Veggies, Mushrooms, in Lettuce  
w/Enchilada Sauce*

### *Raw Pasta with "Pesto"*

*Angel Hair Zucchini Pasta w/Pine Nuts  
& Walnut "Parmesan"*



*SALADS*  
*\$36 per 12 servings*

*Cole Slaw*

*Creamy Southern or Herbed Vinegar Style*

*Potato Salad*

*American, German or French Herbed Style*

*Thai Green Salad*

*Shredded Vegetables, Scallions and Cilantro  
w/Coconut-Lime Dressing*

*Three-Bean Salad*

*w/Bell Pepper, Onion & Wine Vinegar*

*Lentil Salad*

*w/Cucumber, Lemon, Mint & Olive Oil*

*SALADS*  
*\$48 per 12 servings*

*Spinach & Mescaline Salad*

*w/Pine Nuts*

*Mixed Greens*

*w/Basalmic Vinaigrette Dressing  
& Edible Flowers (optional)*

*Caesar Salad*

*Traditional Style*

*Cold Pasta Salad*

*w/Grilled Veggies, Olives  
Chickpeas Optional  
& Wheat or Rice Pasta*

*Mixed Salad*

*w/Carrot Ginger, Italian, Creamy Italian,  
Lemon-Dill, Herbed Vinaigrette, French or  
“Honey” Mustard Dressing*



*Waldorf Salad*

*w/Apples and Walnuts*

*Thai Noodle Salad*

*w/Peanuts, Sprouts, Mint, Carrot, etc.  
& Wheat, Soba or Rice Noodles*

*Mediterranean Salad*

*Cucumber, Tomato, Olive, Onion, Red Pepper  
w/Wine Vinegar, Olive Oil & Oregano  
“Feta” Optional*

*Israeli Salad*

*Cucumber, Tomato, Bell Pepper, Scallion  
w/Olive Oil, Lemon Juice & Parsley*

***SIDE DISHES***  
*\$48 per 12 servings*



*Scalloped Potatoes*

*Creamy & Buttery*

*Macaroni and "Cheese"*

*Traditional , Mexican or w/Peas &/or  
"Bacon"*

*w/Wheat or Rice Macaroni*

*Roasted Potatoes*

*Rosemary & Garlic or Spicy Cajun style*

*Mashed Potatoes*

*Buttery & Creamy, w/Garlic & Herbs  
Gravy Optional*

*Red Beans & Rice*

*Cajun Style*

*Black Beans & Rice*

*Cuban or Mexican Style*

*Sweet Potato Casserole*

*With Praline Pecan Topping*

*Wild Rice Stuffing*

*w/Mushrooms and Almonds or Pecans*

*Barbecue Beans*

*Southern Style*

*Cranberry Relish*

*Traditional Style*



*Steamed Herbed Veggies*

*Choice of Broccoli, Asparagus, Cauliflower,  
Carrots, Green Beans, etc.*

*Sesame Noodles*

*Hot or Cold*

*w/Wheat, Soba or Rice Noodles*

*Hot Corn on the Cob*

*Slathered with non-hydrogenated Margarine*

*Baked Potatoes*

*w/Choice of "Cheddar", "Mozzarella"  
Nacho "Cheese", "Sour Cream", "Bacon",  
Sautéed Mushrooms, Salsa, Black Olives  
and No Trans Fat Margarine*

*Quinoa Pilaf*

*w/Mushrooms & Onions*

*Basmati or Fried Rice w/Peas*

*Indian or Chinese Style*

*Mexican Style Rice*

*w/"Chicken" Broth, Tomatoes & Onions*

*Curried Potatoes & Veggies*

*Indian Style*

*Dahl or Lentils with Brown Rice*

*Indian Style*

*Mexican Hot Carrots - Raw*

*Spicy & Zesty*

*Kwanzaa Greens*

*Traditional Collard Greens and "Bacon"*

*Green Bean or Broccoli*

*Almondine*

*w/Lemon and Almonds*

*Green Bean Casserole*

*Creamy w/Mushrooms & Onions*

*Tabouleh*

*Bulger Wheat or Quinoa, Parsley, Scallions,  
Tomatoes Cucumbers, w/Herbs & Lemon*

*Couscous Pilaf*

*Israeli Style w/Olive Oil, Onion, Cumin &  
Parsley*

## *SIDE DISHES*

*\$60 per 12 servings*

### *Eggplant "Parmesan"*

*Breaded & Smothered in Marinara,  
Topped with "Mozzarella" & "Parmesan"*

### *Broccoli Forrest*

*Buttery Broccoli Florets  
standing in Cheesy Rice*



### *Ratatouille*

*Eggplant, Tomatoes, Zucchini and Bell  
Peppers*

### *Spinach Casserole*

*Plain or w/Mushrooms or Water Chestnuts*

### *Veggies in "Cheese" Sauce*

*Choice of Broccoli, Asparagus, Cauliflower,  
Carrots, Zucchini, Yellow Squash, etc.*

### *Palak Paneer*

*Indian "Cheese" and Spinach*

### *Herbed Baked Summer Squash*

*Buttery & Tender - Seasonal*

### *Vegetable Korma*

*Green Beans, Carrots, Peas, Potatoes &  
Coconut*

### *Vegetable Jalfrezi*

*Cauliflower, Peppers, Carrots, Green Beans &  
Tomato*

### *Sweet & Sour Stir-fried Veggies*

*Chinese or Polynesian Style*

### *Thai Vegetable Satay*

*Broccoli, Baby Corn, Bok Choy & Carrots*

### *Polenta w/Herb Roasted Vegetables*

*Zucchini, Squash, Parsnips, Carrots & Onion*

### *"Alfredo"*

*Fettuccine in Creamy, Buttery, Cheesy Sauce  
Plain or w/Sundried Tomato, Broccoli,  
Asparagus or Mushroom*

### *Spanikopita*

*Spinach and "Feta" in Phyllo*

### *Kasha Varnishkes/Farfalle*

*Toasted Buckwheat w/Mushrooms &  
Bowtie Noodles*

### *Stuffed "Derma" or "Kishke"*

*Sliced with Gravy*

### *Potato or Sweet Potato Kugel*

*Potato Casserole*



### *Pierogi*

*Dumplings stuffed w/Mushroom,  
Potato & Onion, Sauerkraut & Onion,  
Cabbage & "Cheese" or Potato & "Cheese"*

### *Savory Kugel*

*"Cheese", Broccoli, Mushroom, Spinach or  
Zucchini  
w/Potato, Noodles (Wheat or Rice) or Matzo*

### *Jerusalem Kugel*

*Savory w/Caramelized Noodles (Wheat or  
Rice) and Black Pepper*

### *Potato or Sweet Potato Latkes*

*Potato & Onion Pancakes  
Served w/Applesauce & Sour Cream*

### *Lentil Kibbeh*

*Bulger "Meat" Balls with Savory Lentils*

### *Potato Kibbeh Casserole*

*w/Bulgur, Onion, Garlic & Herbs*

*SIDE DISHES*  
*\$72 per 12 servings*

*Raw Mashed Potatoes*  
*Buttery & Creamy, w/Gravy*  
*Made w/Cauliflower & Cashews*

*Raw Sweet Potato Casserole*  
*Sweetened w/Agave*  
*& Pecan Topping*

*Raw Cranberry Relish*  
*w/Apples & Walnuts*  
*Agave Sweetened*

*Raw Quinoa Pilaf*  
*w/Mushrooms & Onions*

*Raw Tabouleh*  
*Quinoa, Parsley, Scallions, Tomatoes*  
*Cucumbers, w/Herbs & Lemon*



*Raw Couscous Pilaf*  
*Israeli Style w/Olive Oil, Onion,*  
*Cumin & Parsley*

*Raw Spinach Casserole*  
*Creamy w/Mushrooms*

*Raw Veggies "Cheese" Casserole*  
*Choice of Broccoli, Asparagus, Cauliflower,*  
*Carrots, Zucchini, Yellow Squash, etc.*  
*in Nut/Seed "Cheese"*

*Raw "Tuna" Salad*  
*Made with Almonds & Sunflower Seeds*

*Raw "Alfredo"*  
*Zucchini Fettuccine in Creamy,*  
*Cheesy Nut/Seed Sauce*  
*Plain or w/Sundried Tomato, Broccoli,*  
*Asparagus or Mushroom*

## *SOUPS AND STEWS*

*Cup / \$36 per 12 servings*  
*Bowl / \$48 per 12 servings*

### *Potato Leek Soup*

*An Irish Favorite*

### *Cream of Corn Soup*

*Southern Style*

### *Mulligatawny*

*Indian Lentil Soup*

### *Gazpacho - Raw*

*Cool & Refreshing*

### *Tomato Bisque*

*Creamy & Thick*



### *Minestrone*

*Veggies, Beans & Pasta (Wheat or Rice)*  
*in Tomato Base*

### *“Chicken” Noodle Soup*

*Healing to the Soul*  
*w/Wheat or Rice Noodles*

### *“Chicken” Vegetable Soup*

*Healing to the Body*

### *Red Bean & Rice Stew*

*Cajun Style*

### *Cream of Broccoli Soup*

*Creamy & Healthful*

### *Mashawa*

*Spicy Five-Bean Soup with Dill*

### *Cream of Spinach Soup*

*Cooked or Raw*

### *Black Bean Soup*

*Cuban or Mexican Style*

### *Thai Coconut Ginger Soup*

*w/Tofu, Lemongrass & Mushrooms*

### *Irish Stew*

*“Beef”, Potatoes, Carrots & Beer*

### *Greek Wedding Soup*

*“Meatballs”, “Feta” & Pasta (Wheat or Rice)*  
*in “Chicken” Broth*

### *Italian Wedding Soup*

*“Meatballs”, Spinach & Pasta (Wheat or Rice)*  
*in “Chicken” Broth*

### *Mexican Wedding Soup*

*Cactus, “Chorizo”, Beans, Rice & Tomatoes*

### *Cajun Gumbo*

*“Chicken” and/or “Sausage”*

### *Chili non “Carne”*

*Thick and “Meaty” - Mild, Medium or Hot*

### *“Beef” Stew*

*Thick & Hearty*

### *Pumpkin Stew*

*w/White Beans, Corn, Tomatoes and Herbs*

### *Split Pea Soup*

*Hearty w/Lima Beans, Potatoes & Herbs*

### *Lentil Soup*

*Mediterranean Style*

### *Sweet & Sour Cabbage Soup*

*Traditional Russian Style*

### *Cholent*

*Bean, Barley & Potato Stew*

## *Bean and Barley Soup*

*Traditional Kosher Style*

## *Mushroom Barley Soup*

*Traditional Kosher Style*

## *Matzo Ball / Knaidlach Soup*

*Like Bubbie's...Light and Fluffy*



## *Halkes / Kartoffel*

*Potato Dumplings - in "Chicken" Soup*

## *"Chicken" Soup with Kreplach*

*w/ "Beef" Stuffing*

## *Borscht*

*Beets and Other Root Vegetables*

*Served Hot or Cold with "Sour Cream"*

## *Schav*

*Made with Sorrel or Spinach and Lemon*

## *SOUPS AND STEWS*

*Cup / \$48 per 12 servings*

*Bowl / \$60 per 12 servings*

## *Raw Tomato Bisque*

*Creamy & Thick*

## *Raw Cream of Corn Soup*

*Creamy Southern Style*

## *Raw "Chicken" Noodle Soup*

*Healing to the Soul*

*Zucchini Noodles*

## *Raw "Chicken" Vegetable Soup*

*Healing to the Body*

## *Raw Schav*

*Made with Sorrel or Spinach and Lemon*

## *Raw Cream of Broccoli Soup*

*Creamy & Healthful*

## *Raw Cream of Spinach Soup*

*Creamy & Healthful*

## *Raw Thai Coconut Ginger Soup*

*w/Lemongrass & Mushrooms*

## *Raw Chili non "Carne"*

*Thick and "Meaty" w/Barley or Quinoa*

*- Mild, Medium or Hot*



# *DESSERTS*

*\$36 per 12 servings*

*Most Can Be Made Sugar-Free, Low Fat, Wheat-free or Gluten-free*

## *Cookies*

*Chocolate Chip, Oatmeal Raisin, Peanut Butter, Snickerdoodle, Pecan Sandies or Shortbread*

## *Puddings*

*Pistachio, Chocolate, Mocha Mint, Coconut, Chocolate Almond, Tapioca (Sago Kheer), Rice (Kheer), Bread Pudding*

## *Halwa*

*Carrot, Coconut (no grains), Strawberry, Blueberry, Plain, Chocolate, Chocolate Swirl or Gourmet (w/Saffron, Cashews & Raisins)*

## *Apple Pie*

*w/Crumb or Lattice Top*



## *Cobbler*

*Apple or Peach*

## *Peaches & "Cream" Pie*

*Choice of Almond, Coconut or Soy "Cream"*

## *Brownies*

*Fudgy Chocolate w/Walnuts & Chocolate Chips or Fudgy Chocolate Maple Pecan*

## *Kanten*

*Vegan "Jello" - gelled w/Agar  
Grape, Raspberry, Strawberry, Blueberry or Cherry (seasonal)*

## *"Cream" Pies*

*Banana, Coconut, Peanut Butter or Chocolate  
Decadent & Smooth*

## *Lemon Bars*

*Perfect balance of Sweet & Tart*

## *Raspberry Almond Bars*

*w/Chocolate Chips (optional)*

## *Poached Pears*

*w/Pomegranate Liqueur and Agave*

## *Apple or Pear Crisp/Crumble*

*w/Cinnamon Oat Topping*

## *Churros*

*Mexican Doughnuts w/Cinnamon & Sugar*

## *Marshmallow Fluff*

*w/Fruit & cookies*

## *Banana Bread*

*w/Walnuts and or/Chocolate Chips*

## *Wedding Cookies*

*Mexican/Italian - w/Almonds or Pistachios*

## *Sheet Cakes - Single Layer*

*Vanilla, Chocolate, Carrot or Lemon*

*Frostings: Chocolate, Vanilla, "Buttercream", Mocha, Lemon, Orange "Cream", Coconut, Strawberry or Marshmallow*

## *Macaroons*

*Chewy Coconut Treats  
Plain, Almond, Chocolate or Pecan*

## *Mandel Bread*

*Plain, Chocolate, Chocolate Almond  
Pecan, Chocolate Pecan or Chocolate Chip*

## *Lokshen Kugel*

*Sweet Noodle (Wheat or Rice) Pudding  
Custardy Traditional, Apple, Apricot, Blueberry, Cinnamon Raisin, Praline Pecan, Chocolate, Chocolate Cherry or Chocolate Chip*

# DESSERTS

*\$48 per 12 servings*

*Many Can Be Made Sugar-Free, Low Fat, Wheat-free or Gluten-free*

## Maple Pecan Pie or Squares

*w/optional Chocolate Chips & Southern Comfort*

## Chocolate Pecan Pie or Squares

*Fudgy Chocolate w/optional Southern Comfort*



## Cannolis

*w/Traditional Style or Brown Rice Pizzelle Shell  
Traditional Style or White Chocolate Filled  
w/Pistachios and/or Chocolate Chips*

## Cheesecake

*NY Style, Chocolate, Marbled, Pumpkin,  
Praline Pecan, Amaretto, Chocolate Amaretto,  
Chocolate Hazelnut or Sopapilla (Mexican)*

## Baklava with Agave or Maple Syrup

*w/Walnuts, Pistachios, Almonds or Pecans  
and/or Chocolate Chips*

## Tiramisu

*Gourmet Coffee & Premium Rum Infused*

## Pear and Almond Tart

*Gourmet Pear Filling in an Almond Crust*

## Sponge Cake

*Plain or Liqueur Infused*

## Chocolate Brandy or Rum Balls

*w/Pecans or Walnuts*

## Solstice Cake

*w/Fruits, Nuts, Cocoa & Liqueur*

## Praline Pecans

*A Southern Delicacy*

## Mousse Cake

*Chocolate, Amaretto, Chocolate Amaretto,  
Peanut Butter or Chocolate Hazelnut*

## Truffles

*Chocolate Fudge, Chocolate Almond Fudge*

## Pumpkin Coconut Squares

*Great for the Holiday Season*

## Besan Ladoo

*Sweet Chickpea Balls w/Almond & Pistachio  
or Cashews & Golden Raisins*

## Key Lime Pie

*Traditional Style*

## Burfi - Indian Fudge

*Almond, Pistachio, Coconut, Chocolate Coconut*

## Mexican Flan

*Vanilla Almond Custard*



## Lace Cookies

*Pecan, Almond or Walnut  
Plain or Chocolate-Drizzled*

## Thumbprint Cookies

*w/Cherry, Raspberry, Blueberry or Apricot*

## Holiday Cookies

*Various shapes for Christmas, Chanukah,  
Easter, Thanksgiving, Valentines, etc.*

## Tres "Leches" Cake - Vanilla or Chocolate

*w/Rice, Almond & Coconut Milks*

## Banana Chimichangas

*w/Chocolate Chips & Walnuts*

*Fruit Tart w/Seasonal Fruits  
and Almond, Coconut, Rice or Soy "Cream"*

*Berry Pie - One to Three Berries  
Blueberries, Cherries, Strawberries,  
Blackberries or Raspberries  
w/Crumb or Lattice Top*



*Chocolate Fondue or Fountain  
Velvety Dark Chocolate, "Milk" Chocolate,  
White Chocolate or Mexican Chocolate  
w/Fruit and/or Gourmet Cookies*

*Dessert Enchiladas  
Apple, Strawberry or Cherry - covered in  
Chocolate Sauce or Buttery Cinnamon*

*Layer Cakes/Cupcakes  
Vanilla, Chocolate, Carrot, "Butter" Pecan  
Strawberry Shortcake, Chocolate Raspberry,  
Piña Colada, Black Forrest, Chocolate  
Amaretto, Chocolate Hazelnut, Lemon,  
German Chocolate, Boston Cream Pie,  
Italian "Cream" or Mango Passion Fruit*

*Frostings: Chocolate, Vanilla,  
"Buttercream", "Cream Cheese", Mocha,  
Lemon, Pecan-Coconut, Orange "Cream",  
Coconut, Strawberry, Chocolate Ganache  
Maple, or Marshmallow*

*Fillings: Strawberries & "Cream", Apple,  
Vanilla Custard, Chocolate Custard, Cherry,  
Raspberry or Boston "Cream"*

*Linzer Torte  
Black Current, Raspberry, or Apricot*

*Mississippi Mud Pie  
Goopy Chocolate Filling in a Chocolate Crust*

*Crème Brûlée  
Rich Custard with Caramel Topping*

*Flourless Chocolate Cake  
Gluten-free, Rich & Luscious*

*Ice Cream  
Coconut or Soy...  
Chocolate, Chocolate Almond, Pistachio,  
Mexican Chocolate, Pumpkin Pie, Strawberry,  
Peanut Butter, Vanilla, Coconut, Piña Colada,  
"Butter" Pecan, Horchata, etc.*

*Buñuelos/Bimuelos/Loukoumades  
"Honey" Puffs - made w/Agave*

*Almond Horns  
Marzipan Pastry, Dipped in Chocolate*

*Doughnuts/Sufganiyot  
Plain, Frosted, Sugar, Powdered Sugar, Maple  
or Chocolate Covered  
Strawberry, Raspberry or Cream Filled*

*Apple "Honey" Cake  
Agave Sweetened*

*"Honey" Cake  
Agave Sweetened*

*Hamentashen  
Prune, Prune Poppy Seed  
Poppy Seed, Apricot or Raspberry*

*Charoses Truffles - raw optional  
Date, Raisin, Walnut, Cinnamon & Wine  
Covered w/Carob or Cocoa Powder*

*Rugelach  
Apricot, Cinnamon-Nut, Apple-Raisin,  
Cherries & "Cream Cheese" or  
Chocolate Chips & "Cream Cheese"*

*Blintzes  
Rolled Crêpes stuffed with  
Sweet "Cheese", Blueberries, Cherries,  
Blueberries & "Cheese", Cherries & "Cheese",  
or "Cheese" & Chocolate Chips*

*Tayglach  
Boiled in Agave Syrup  
w/Almonds, Walnuts or Cherries*



# *DESSERTS*

*\$60 per 12 servings*

## *Raw Cookies*

*Chocolate, Oatmeal Raisin, Peanut Butter, Snickerdoodle, Almond or Pecan Sandies*

## *Raw Puddings*

*Nut/Seed and/or Coconut based  
Pistachio, Chocolate, Mocha Mint, Coconut,  
or Chocolate Almond*

## *Raw Brownies*

*Fudgy Chocolate w/Walnuts  
or Pecans*

## *Raw Pecan Pie or Squares*

*Date Sweetened*

## *Raw Cheesecake*

*NY Style, Chocolate, Chocolate Hazelnut  
or Pumpkin - seasonal*

## *Raw Cream Pie or Puddings*

*Chocolate, Banana, Coconut or Mango*

## *Raw Berry Pie - One to Three Berries*

*Blueberries, Cherries, Strawberries,  
Blackberries or Raspberries*

## *Raw Ice Cream*

*Coconut or Cashew Based...*

*Chocolate, Chocolate Almond, Pistachio,  
Mexican Chocolate, Strawberry, Banana,  
Peanut Butter, Vanilla, Coconut,  
Piña Colada, "Butter" Pecan, Horchata, etc.*

## *Raw Key Lime Pie*

*Agave Sweetened*

## *Raw Carrot Cake - w/creamy frosting*

## *Raw "Cream" Pies*

*Banana, Coconut, Peanut Butter  
or Chocolate  
Decadent & Smooth*

## *Raw Lemon Bars*

*Perfect balance of Sweet & Tart*

## *Raw Raspberry Almond Bars*

*w/Chocolate Drizzle*

## *Raw Peaches & "Cream" Pie*

*W/Almond/Cashew "Cream"*

## *Raw Macaroons*

*Chewy Coconut Treats  
Plain, Almond, Chocolate or Pecan*

## *Raw Apple or Pear Pie*

*Agave Sweetened*



# *FRESH BAKED BREADS*

*\$12 per 12 servings*

*Choice of Wheat or Spelt*

*French Breads*

*Italian Breads*

*Italian Herbed Bread*

*Dinner Rolls*

*Sourdough Bread*

*Chapati*

*Indian Flat Bread*

*Corn Bread - gluten-free*

*Sweet, Mexican or Buttery Southern-Style*

*Focaccia*

*Topped w/Olive Oil, Rosemary & Sage*

*Jewish Rye*

*Russian Rye*

*Pumpernickel*

*Challah*

*Regular or Ceremonial Size*

*100% Spelt - with a delicious, nutty flavor*

*Plain, Poppy Seed or Raisin*



***BEVERAGES***  
*\$18 per 12 servings*

*Hot Chocolate*

*Plain, Chocolate Almond or Mexican  
Chocolate*

*Bottled Water*

*Sparkling Juices*

*Natural Sodas*

*Non-Alcoholic Punch*

*Fruit Punch, Wedding, Hawaiian,  
or Spiced Holiday*

*Juices*

*Apple, Orange, Tomato, Cranberry,  
Grape, Grapefruit*



*Coffee*

*Regular or Decaf*

*Black, Green or Chai Tea*

*Tea Assortment*

*Iced Tea*

*Horchata*

*“Egg”nog*

*Great for the Holiday Season  
Made w/Soy or Rice Milk*

*Lemonade*

*Sugar or Stevia Sweetened*

*Coffees and Teas are served with Almond, Rice and/or Soy Milk,  
Organic Sugar and Stevia*

***BEVERAGES***  
*\$24 per 12 servings*

*Fresh Lemon and/or Limeade*

*Fresh Squeezed  
Sweetened w/Agave and/or Stevia*

*Raw “Egg”Nog*

*Great for the Holiday Season  
Made w/Cashew and/or Almond Milk  
Sweetened w/Agave and/or Stevia*

*Raw “Hot” Chocolate*

*Made w/Cashew and/or Almond Milk  
Plain, Chocolate Almond or Mexican  
Chocolate  
Sweetened w/Agave and/or Stevia*

*Fresh-Squeezed Juices*

*Apple, Orange, Tomato, Grape, Grapefruit  
Sweetened w/Agave and/or Stevia*



\* We use all vegan, Kosher ingredients and organic ingredients as available. Glatt Kosher available upon request

\*\* "Beef", "Chicken", "Lamb", "Pork" and "Turkey" made from Kosher, non-GMO soy concentrate or seitan derived from organic wheat or spelt

Most "Cheese" Spreads, Dessert Fillings, "Eggs", "Fish" and "Ham" made from Kosher, non-GMO, organic Tofu

We can prepare most items for special dietary needs including low-fat, low-sugar, gluten-free, low sodium, low carb, etc.

All items have a 12 serving minimum, unless otherwise noted

Minimum 72 hour advance notice required on all orders

\$250 minimum order

Prices are subject to change. Call for current pricing and discounts

Deliveries to San Diego & Los Angeles areas. Delivery fee may apply

We can ship to anywhere in the U.S., with additional shipping charges

If you have a special request or if you want an item that is not

on our menu, we will try our best to accommodate

Additional charge for full service & wait staff

Recyclable and/or compostable plates, cups, silverware and napkins

can be provided at \$1 to \$2 per person

We will be glad to coordinate with other caterers, rental services, florists, photographers & bartending services



*Brad Wolff, M.S. - Head Chef, Culinologist, Food Scientist*  
*Eatopia Catering, Inc.*

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*We cater to Southern California, the New York Metropolitan Area  
and Memphis, Tennessee*